



**LIFE is full of
Excitement and Adventure.
Life is also full of Questions...**

**Join 9 months Diploma in Life Management
and you will get answers for such questions...**

- ★ What is the right method of Living Life?
 - जिंदगी जीने का सही तरीका क्या है?
- ★ How to develop healthy body – perfect body?
 - हम शरीर को सशक्त और रोग मुक्त कैसे बना सकते हैं?
- ★ How much money do we need to live a satisfied Life?
 - खुशहाल जिंदगी जीने के लिये कितने पैसों की आवश्यकता होती है?
- ★ Why I should believe in God? Whether God can change my Life?
 - भगवान में विश्वास रखने से मेरा क्या फायदा होगा?
 - भगवान को ना मानने से मेरा क्या नुकसान होगा?



• **For Answers Join** •

Diploma in Life Management जिंदगी जीने का सही तरीका सीखें

Bring Perfection in Physical Body, Acquire Divine Knowledge, Discover your Soul, make it a guiding force and learn to live happy & satisfied life. This is what is known as 'Life Management'

Module-1: Self Management : 10 Sundays



Includes basic knowledge of Spirituality, concept of God, importance of Yoga, knowing Emotions & Relations.

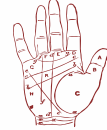
Write your own constitution to discover ultimate Aim of Life.

Module-2: Helath Management : 13 Sundays



Includes basic knowledge of Naturopathy, benefit of Yoga for good Health, Tips on Ayurvedic Food and advise on how to avoid Doctors and unnecessary Treatment.

Module-3: Future Management : 12 Sundays



Includes basic knowledge of Astrology. How to understand Birth Chart. Basic knowledge of Palmistry and Numerology. Understand how these are related to our life.

**9 Months Diploma • Classes on Sundays only • Timing: 10 am. to 1 pm.
Experienced Faculties • Theory as well as Practical Training • No upper age limit
Fee is Rs. 9,000/- (+GST). Pay in 3 Installments • Library of Books & DVDs Available**



**Bharatiya Vidya
Bhavan**

Bharatiya Vidya Bhavan
Basement of Mehta Sadan (BVBFTS)
Kasturba Gandhi Marg, New Delhi-1
Nearest Metro Station : Mandi House

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